



Custom Care from a Compassionate Team

Pathways is committed to customizing care for each patient, honoring personal and cultural preferences whenever possible. Depending on what the doctor prescribes, a patient's care team may include a number of the following experts:

- A nurse who evaluates the patient, reports back to the physician with an assessment, provides hands-on care, and educates the patient about their treatment and condition, pain and symptom control, medication, and more
- A physical therapist, occupational therapist and/or speech pathologist who develops and implements a coordinated rehabilitation plan based on the patient's needs and personal goals
- A Home Health aide to help with personal care such as bathing and dressing
- A social worker to provide short-term counseling, as well as advice about resource planning and long-term care arrangements
- A dietitian who consults with the team to evaluate the patient's nutrition needs and gives guidance for healthy meal planning in accordance with any cultural and dietary restrictions

A Valued Tradition of Compassionate Care

Pathways is a Bay Area leader in the development and delivery of Hospice, Home Health, Palliative, Services.

Established in 1977 by a group of Stanford physicians and community members, Pathways is a non-profit organization with offices in Sunnyvale, South San Francisco, and Oakland. Our expert services are referred to by physicians and hospitals, and preferred by patients and families because we offer personalized, high-quality care delivered with kindness and respect. Services are available at home or in a care setting like a hospital, nursing home, or assisted living community.

Pathways Home Health and Hospice programs are accredited by The Joint Commission. Pathways is also the only agency in Northern California certified with distinction in Community-Based Palliative Care. We continually strive to develop unique care options to meet the evolving needs of our communities, and to ensure that we exceed patient expectations.



STAFF AVAILABLE 24/7

At Pathways, your loved ones come first. Our nurses are available by phone 24 hours a day, 7 days a week, and can make urgent visits if needed. Your care team will arrange visits that best meet the needs of your family. Your care is our priority.

Recognized for Real Results

Pathways is renowned as a top-performing health care agency. Our reputation is built on quality of care, consistency, performance, and of course, patient experience. We have earned industry certifications and are often recognized by independent organizations for high-quality care. Learn more about our awards and certifications on our website, www.PathwaysHealth.org.



Serving San Francisco, San Mateo, and Santa Clara Counties

888-755-7855
wwwPathwaysHealth.org
A Bay Area Not for Profit



HOME HEALTH



Moving care forward since 1977
JOINT COMMISSION ACCREDITED

About Home Health Coverage

When prescribed by your doctor, Pathways Home Health services are covered by most insurance policies, as well as by Medicare and Medi-Cal. We will work with your insurance provider to review your benefits.



The Pathway to Healing Begins at Home

When you are dealing with a health challenge, home is the most comfortable — and comforting — place to heal. Pathways makes that possible with comprehensive Home Health services for people who have trouble getting out for care. It's invaluable for people:

- Recovering from an illness or surgery
- Managing a chronic disease
- Coping with a life-threatening condition

Pathways' skilled team helps patients improve their health so they can get back to enjoying the best quality of life possible. Our team can bridge the gap from hospital to independence.

It's All About the Patient

Our patients' care, comfort, and well-being are at the heart of everything we do. Pathways services are customized to meet each individual's needs, and we are available when you need us, seven days a week.



You can count on Pathways for:

- Short-term, skilled care to help patients recover or learn to manage their condition
- Doctor-directed home visits from a team of caring healthcare professionals
- Physicians and nurses certified in symptom management and Palliative Care
- Education and support to teach patients and their caregivers how to manage care at home
- A 24/7 hotline to a nurse who can consult over the phone or make house calls if needed
- Professional staff to seamlessly coordinate the process
- A wide range of services, including skilled Home Health care, physical rehabilitation, and Palliative Care

Qualifying for Home Health

In order to qualify for Home Health, patients must meet the following criteria:

1. Being homebound, in the sense that leaving home is physically challenging and usually requires the help of another person and equipment such as a walker or wheelchair.
2. Having a "skilled need" — a problem that requires the services of a registered nurse, speech pathologist, or physical therapist.
3. Having a doctor's prescription for Home Health Services as part of your care plan.

Arranging for Home Health Services

Just call us at **888-755-7855** and ask to speak to a referral nurse, or ask to talk to a Pathways nurse at your hospital.



Specialty Services with Your Interests at Heart

At Pathways, we take personalized care seriously. Our suite of services has evolved based on the changing needs of our clients, and we are constantly working on innovative ideas. We have specialized programs for patients coping with common chronic diagnoses, including heart failure, COPD, pneumonia, and diabetes. These innovative programs reduce the risk of hospital readmissions by helping patients and their families independently manage ongoing conditions.

Specialized Nursing Care

- Home infusion therapy
- Disease management
- Wound and ostomy care
- Diabetic education

Rehabilitation Services

- Stroke rehabilitation
- Fracture and joint rehabilitation
- Home safety and mobility instruction
- Speech therapy interventions

Palliative Care

Palliative Care is designed to ease symptoms, including pain. It is for people with advanced illness who may be getting curative treatments such as radiation or chemotherapy. At Pathways, this team is overseen by a doctor who is a Palliative Care specialist.