



### Why Is Pathways So Special?

Pathways has unique qualities that have made it the premier Bay Area hospice since 1977. Some of these are:

- ❖ Not-for-profit, community based organization
- ❖ Serving five Bay Area counties from offices in Sunnyvale, Oakland, and South San Francisco
- ❖ Family of services that include hospice, home health and palliative care
- ❖ Joint Commission Accredited and Certified for Community-Based Palliative Care
- ❖ Nurse availability 24-hours a day to address our patients' questions and make visits as needed
- ❖ Physicians and nurses specially certified in symptom management and end-of-life care
- ❖ Specialized Dementia Program tailored to the unique needs of these patients
- ❖ Extensive grief support for families, including counseling, workshops, and remembrance events
- ❖ We have caregivers who are fluent in a second language, a great comfort to patients and families whose first language is not English

### Let Pathways Help You

If you have questions about Hospice Care, please don't hesitate to call us today. Our friendly, knowledgeable staff is here to help.



### After Hours Support

Patients, caregivers and physicians have access to hospice resources 24hrs a day!

**888-755-7855**

**[www.PathwaysHealth.org](http://www.PathwaysHealth.org)**

### Serving Over 40 Counties

Our three offices serve the entire Bay Area!

Sunnyvale

585 N Mary Ave  
Sunnyvale, CA 94085

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South San Francisco

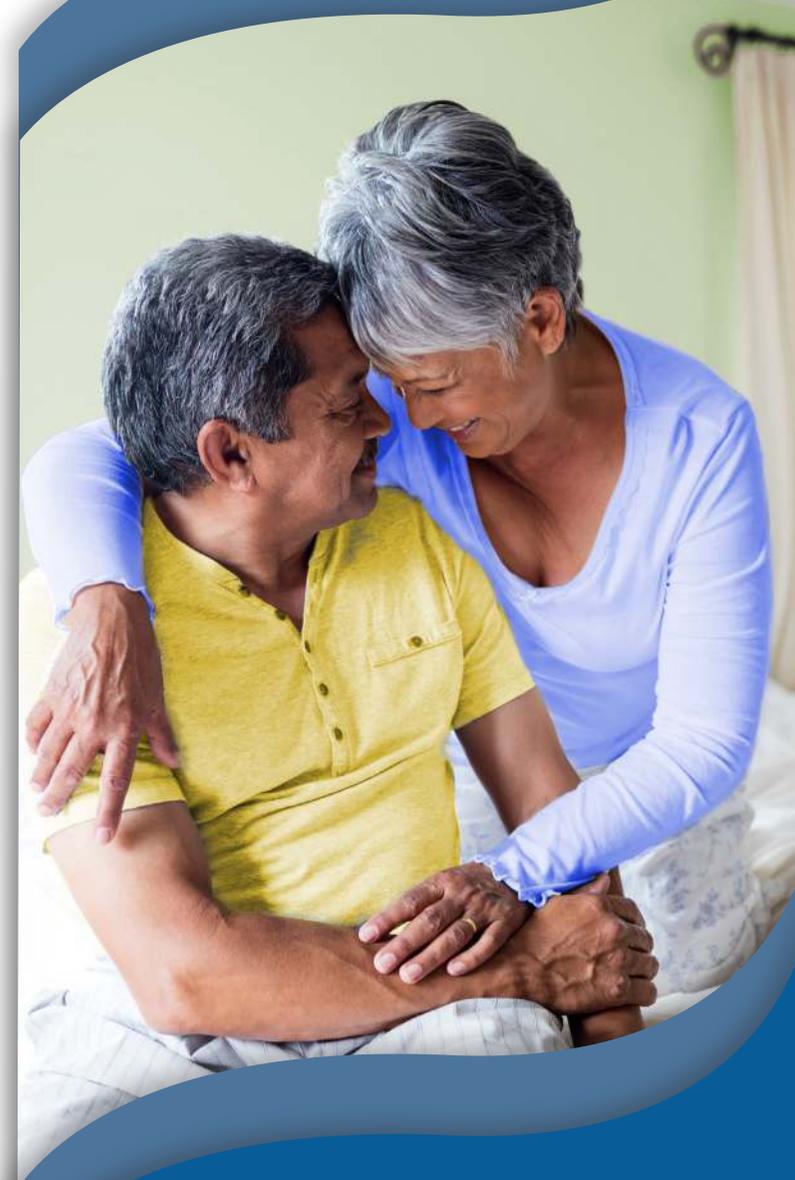
395 Oyster Point Blvd #128  
San Francisco, CA 94080

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East Bay

333 Hegenberger Rd #700  
Oakland, CA 94621

## HOSPICE



*Moving care forward since 1977*  
JOINT COMMISSION ACCREDITED

When it's time for hospice care, you're not alone...

*Pathways is here to help.*

## What Is Hospice?

Hospice improves quality of life in terminally ill people; it is care when cure is no longer a possibility. One of hospice's goals is to help people live as fully as they can, with comfort, support and dignity.

To make that happen, Pathways addresses changes that often occur—changes in diet and appetite, weakness and fatigue, pain and symptoms, concerns and fears, or new roles within the family. Pathways nurses are available day and night, 365 days a year.

Hospice care is for anyone, with any health condition, whose physician has determined he or she probably has six months or less to live. We make it possible to stay at home (whether an apartment, house, assisted living facility or nursing home) during one's final months or weeks.

## Who Guides Care?

The patient, family and your own doctor guide the care. A patient can decide to go off hospice at any time, for any reason, and can come back later.



## Pathways Hospice Team

Pathways Hospice care is provided by an interdisciplinary team of health care professionals led by a hospice physician and registered nurse case manager. Other services that patients and their families can choose include a social worker, personal care aide, and a spiritual care counselor. Patients may also have volunteers for companionship, to give family members a rest, or to run errands.

Behind-the-scenes team members at Pathways include pharmacists, hospice physicians, and a dedicated team of advice and triage nurses.

## Who Pays for Hospice?

Hospice is paid for by Medicare, Medi-Cal, Medicare Advantage and other HMOs. Besides covering visits from hospice team members, it covers medications, supplies and equipment related to the hospice diagnosis. Most private insurance also has hospice coverage. Pathways Hospice raises funds to enrich programs and to support services to families who are under or uninsured.

## Should I Call Pathways?

- ❖ Maybe the doctor has told you there are no more treatment options for your illness.
- ❖ Perhaps the chronic illness of someone you love is now in the "late stage."
- ❖ It seems as though your family member has lost a lot of weight and is sleeping much more.

If any of these or similar situations sound like yours, you may want to call Pathways to learn more about hospice call today or visit us online.

